



# Take Charge of Your Own Health Care

The Whole Health System is an approach to healthcare that **EMPOWERS** and **EQUIPS** Veterans to take charge of their health and well-being, and to live their life to the fullest.

*Please join us for an*

## Introduction to Whole Health

**February 12<sup>th</sup> 10:30-11:30am**

*Brockton VA—Building 22, Conference Room C*

**Transitioning Service Members, Veterans, Families and Employees are invited and encouraged to attend.**

**DROP IN- NO Appointment Needed**

For questions and more information contact:  
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