**Reemployment Services and Eligibility Assessment (RESEA)**

The RESEA Program is funded by the US Department of Labor to help Unemployment Insurance (UI) claimants return to work faster.

Once you have received your first unemployment check, you will receive notification to participate in the RESEA program. Failure to cooperate with the RESEA program requirements will result in a delay or loss of your unemployment benefits. Over a 5-week period,

One is required to attend a Career Center Seminar (CCS) – call 508-513-3400 – **[The FIRST DEADLINE – within 3 weeks**] and

Return to the Career Center for an **“RESEA Review,”** by your **SECOND deadline** date (5 weeks from receipt of first paper check.)

1. Register on [www.mass.gov/jobquest](http://www.mass.gov/jobquest) - the state’s website for job postings.
2. Complete and show us your Work Search Activity Log for each week you have collected benefits. You must either **apply** for or **research** three jobs each week on three different days. The following are examples of job searching techniques:
* **Networking**: Every time you ask a friend, former co-worker, relative or neighbor if they have heard of any job openings.
* **Walk-in**: Walk into a company and inquire if they are hiring, and apply if possible.
* **Web**: Internet job research, or complete an on-line application or emailing a resume.
* **Job Fair**: Attend a job fair.
* **Telephone**: Call potential employers inquiring about job openings.
* **Mail**: Mail a resume.
* **Newspaper**: Search and/or apply for jobs via “help wanted.”
* **Interview:** Interview a job search, either by phone or in person.
* **Career Center visit**: Attend a workshop or use the Center’s Resource Room.
1. Create a resume and cover letter.

1. Research your occupation labor market information (LMI) on one of the following sites and tell us whether there is a bright outlook:
* [www.mynextmove.org](http://www.mynextmove.org)
* [www.myskillsmyfuture.org](http://www.myskillsmyfuture.org)
* <https://masscis.intocareers.org/>
* [www.mass.gov/jobquest](http://www.mass.gov/jobquest) and use the TORQ link: <http://web.detma.org/JobQuest/TorqHelp.aspx>
* 0\*Net: [www.onetonline.org/](http://www.onetonline.org/)
* America's Career Information Network: [www.acinet.org/occ intro.asp](http://www.acinet.org/occ%20intro.asp)
* US Bureau of Labor & Statistics- click on Publications tab at top of home page, and then click on Occupational Outlook Handbook [www.bls.gov](http://www.bls.gov) /

5. Participate in an interim service, such as sending your resume to *myresume@masshiregbcc.org*

6. At the RESEA Review, register for a future workshop or return visit to the career center, sometime after your RESEA Review.

We must determine whether or not you are able and available for work, and eligible to continue to collect UI benefits. These tasks help us with that determination. Also, these requirements will help you with your job search and provide the opportunity to find suitable employment.

Each participant has two deadline dates to complete the RESEA program: The first deadline is to attend the CCS within 3 weeks of receiving your unemployment paper check. The second deadline is 5-weeks from the receipt of your first check. If one goes beyond either deadline date, unemployment benefits will be sanctioned.